

April - 2017: Elementary/Middle School Breakfast Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	-	453	419	442	-
Sodium (mg)	-	540	446	474	-
Saturated Fat (gm)	-	4	3	3.5	-

April - 2017: High School Breakfast Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	-	467	452	464	-
Sodium (mg)	-	450	467	474	-
Saturated Fat (gm)	-	3	3	3.5	-