

August - 2017: Elementary School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	630	629	580	605	604
Sodium (mg)	1014	975	1012	1086	958
Saturated Fat (gm)	5	7	6	7	6

August- 2017: Middle School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	693	685	689	640	679
Sodium (mg)	1266	1179	1241	1279	1306
Saturated Fat (gm)	7	8	7	7	7

August - 2017: High School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	778	796	772	754	770
Sodium (mg)	1405	1350	1305	1399	1388
Saturated Fat (gm)	7	8	7	7	8