

May - 2017: Elementary School Breakfast Menu Analysis

| | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 |
|--------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| Nutrients | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) |
| Calories (kcal) | 406 | 448 | 422 | 429 | - |
| Sodium (mg) | 349 | 493 | 382 | 319 | - |
| Saturated Fat (gm) | 2 | 3.5 | 3 | 2 | - |

May - 2017: Middle School Breakfast Menu Analysis

| | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 |
|--------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| Nutrients | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) |
| Calories (kcal) | 409 | 450 | 422 | 432 | - |
| Sodium (mg) | 350 | 502 | 382 | 321 | - |
| Saturated Fat (gm) | 2 | 3.5 | 3 | 2 | - |

May - 2017: High School Breakfast Menu Analysis

| | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 |
|--------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| Nutrients | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) |
| Calories (kcal) | 451 | 453 | 460 | 452 | - |
| Sodium (mg) | 397 | 394 | 439 | 349 | - |
| Saturated Fat (gm) | 3 | 2.5 | 3 | 2 | - |