

October - 2017: Elementary School Lunch Menu Analysis

| | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
| Nutrients | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) |
| Calories (kcal) | 609 | 656 | 575 | 554 | - |
| Sodium (mg) | 974 | 1066 | 1211 | 994 | - |
| Saturated Fat (gm) | 5.5 | 6 | 5 | 6 | - |

October - 2017: Middle School Lunch Menu Analysis

| | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
| Nutrients | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) |
| Calories (kcal) | 667 | 695 | 682 | 681 | - |
| Sodium (mg) | 1235 | 1102 | 1148 | 1286 | - |
| Saturated Fat (gm) | 7 | 6.5 | 7 | 7.5 | - |

October - 2017: High School Lunch Menu Analysis

| | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
| Nutrients | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) | Menu Averages (Weekly) |
| Calories (kcal) | 758 | 753 | 751 | 751 | - |
| Sodium (mg) | 1416 | 1408 | 1412 | 1415 | - |
| Saturated Fat (gm) | 8 | 7 | 7 | 8 | - |