



## Nutrition Department

### Virtual Learning Meals Food Allergens:

	Wheat	Egg	Milk	Soy	Tree Nut	Peanut	Fish	Shellfish
Banana Muffin	X	X		X				
Blueberry Muffin	X	X		X				
Rice Chex Cereal								
Cheerios Cereal				X				
Raisin Bran Cereal	X			X				
Strawberry Cream Cheese Bagel	X		X					
Macaroni & Cheese	X		X					
Turkey-Sausage Pizza	X		X	X				
EZ Jammer Sandwich	X		X	X				
Turkey & Cheese Wrap	X		X	X				
Turkey Dog, with Bun	X							
Breaded Chicken Sandwich, on a Bun	X			X				
Orange Chicken	X		X	X				
Frozen Carrots			X	X				
Frozen Corn			X	X				
Mayonnaise Packet		X		X				
Ranch Packet		X	X	X				